



## **Concussion Procedure**

### **Athlete with suspected concussion**

If an **ANY** athlete was hit in the head with a reasonable force from a ball, elbow, forearm or body part during a game, suspect there is a concussion.

**A higher degree of caution should be exercised in under 18s.**

### **What action to take**

Follow the “**Non- healthcare practitioner ON FIELD decision tree**” and contact parents if the athlete is under 18 years of age.

They can return to play immediately if:

- **There are no on-field signs of concussion AND**
- **There are no additional RED flags AND**
- **There is no abnormality on CRT6**

If any of these signs or symptoms are positive, then a medical assessment is required for clearance to play.

**When in doubt, sit them out!**